



*(Knowledge for Development)*

**KIBABII UNIVERSITY**

**UNIVERSITY EXAMINATIONS 2021/2022**

**ACADEMIC YEAR**

**FIRST YEAR SECOND TRIMESTER**

**MAIN EXAMINATION**

**FOR BACHELOR OF SCIENCE IN  
NURSING DEGREE**

**COURSE CODE: NUR 122**

**COURSE TITLE: MEDICAL PHYSIOLOGY II**

**DATE: 28/03/23**

**TIME: 9am-12pm**

**INSTRUCTIONS TO CANDIDATES**

Answer ALL Section one (1) MULTIPLE CHOICE QUESTIONS and ALL Section two (2) SHORT ANSWER QUESTIONS and any one (1) section THREE (3) LONG ANSWER QUESTION.

TIME: 3 Hours

This paper consists of 8 printed pages. Please Turn Over



**KIBU observes ZERO tolerance to examination cheating**

**PART ONE: MULTIPLE CHOICE QUESTIONS (ANSWER ALL)**

1. The name given to the iron-containing protein that gives red blood cells their colour is:
  - A. Hemocyanin
  - B. Pyrite
  - C. Hemoglobin
  - D. Myoglobin
2. The area concerned with maintaining proper position of the body in space and subconscious coordination of motor activity is:
  - a) The vermin.
  - b) Internal capsule.
  - c) Cereberum.
  - d) Cerebellum.
3. The gall bladder does not:-
  - A. Produce bile
  - B. Concentrate bile
  - C. Store bile
  - D. All of the above
4. Most hormones of the endocrine system are regulated by a:
  - A. Negative feedback mechanism.
  - B. Positive feedback mechanism.
  - C. Hormone-receptor complex.
  - D. Hormone-gene complex.
5. Plasma without clotting factors is called
  - A. Albumin
  - B. Globulin
  - C. Fibrinogen
  - D. Serum
6. The part of the brain that contains the ascending and descending tracts that communicate between the spinal cord and parts of the brain is:
  - a) Medulla oblongata.
  - b) The pons.
  - c) Midbrain.
  - d) The pyramids.
7. A part of the brain that control the rate of and depth of breathing is located in:
  - a) Cerebellum.
  - b) The pons.
  - c) Nuclei of midbrain.
  - d) Pyramids.
8. Which of the following is true during inspiration?
  - a) Intrapleural pressure is positive
  - b) The volume in the lungs is less than the functional residual capacity (FRC)
  - c) Alveolar pressure is higher than atmospheric pressure
  - d) Intrapleural pressure is more negative than it is during expiration
9. Which volume remains in the lungs after a tidal volume ( $V_T$ ) is expired?

- a) Tidal volume ( $V_T$ )
  - b) Vital capacity (VC)
  - c) Residual volume (RV)
  - d) Functional residual capacity (FRC)
10. Which of the following is the site of highest airway resistance?
- a) Trachea
  - b) Largest bronchi
  - c) Medium-sized bronchi
  - d) Smallest bronchi
11. Compared with the systemic circulation, the pulmonary circulation has a
- a) higher blood flow
  - b) lower resistance
  - c) higher arterial pressure
  - d) higher capillary pressure
12. Compared with the apex of the lung, the base of the lung has
- a) a higher pulmonary capillary  $PO_2$
  - b) a higher pulmonary capillary  $PCO_2$
  - c) a higher ventilation/perfusion (V/Q) ratio
  - d) the same V/Q ratio
13. Hypoxemia produces hyperventilation by a direct effect on the
- a) Phrenic nerve
  - b) Lung stretch receptors
  - c) Medullary chemoreceptors
  - d) Carotid and aortic body chemoreceptors
14. Part of the brain which controls many homeostatic functions important in maintaining stability of internal environment is:
- a) Thalamus.
  - b) Cerebellum.
  - c) Hypothalamus.
  - d) Reticular formation.
15. The specific area concerned with maintaining proper position of the body in space and subconscious coordination of motor activity is:
- a) Cerebrum.
  - b) Motor area.
  - c) Pre-frontal area.
  - d) Cerebellum.
16. All twelve cranial nerves pass through the foramina of the skull to innervate structures in the head, neck, and facial region, except;
- a) Vestibulocochlear nerve.
  - b) Trigeminal nerve.
  - c) Optic nerve.
  - d) Vagal nerve.
17. This pressure facilitates filtration while urine is being formed

- A. filtrate hydrostatic pressure
  - B. osmotic blood pressure
  - C. capillary hydrostatic pressure
  - D. all of these
18. The Glucagon hormone is:
- A. accelerates the conversion of glycogen into glucose.
  - B. slows down glucose formation from lactic acid.
  - C. decreases the conversion of glycogen into glucose.
  - D. speeds up protein synthesis within cells.
19. Most hormones of the endocrine system are regulated by a:
- A. Negative feedback mechanism.
  - B. Positive feedback mechanism.
  - C. Hormone-receptor complex.
  - D. Hormone-gene complex.
20. The ventricle that is located in the brainstem and is continuous with the central canal of the spinal cord is:
- a) First ventricle.
  - b) Second ventricle.
  - c) Third ventricle.
  - d) Fourth ventricle.
21. The nerve that relay impulse related to swallowing, salivation and taste is:
- a) Vagus nerve (X).
  - b) Glossopharyngeal (IX).
  - c) Accessory (XI).
  - d) Hypoglossal (XII).
22. The maintenance of the homeostasis, regulation of Body temperature; Heart rate and BP; Mineral and water balance; Appetite and digestive processes; Sleep and wakefulness; Emotions of fear, rage and the Secretion of hormones by the pituitary gland is accomplished by:
- a) Midbrain.
  - b) Hypothalamus.
  - c) Reticular formation
  - d) Cerebrum.
23. Very small particles are removed from the respiratory system by
- a) Diffusion
  - b) Expectoration
  - c) Phagocytosis
  - d) Ciliary transport
24. Part of the brain that control brainstem reflexes, Cardiovascular control, respiratory control is:
- a) Hypothalamus.
  - b) Cerebral cortex.
  - c) The pons.
  - d) Medulla.

25. A structure which receives afferent sensory axons from different sources especially from the sensory nerves of the face and connects fibres to the centres in the cerebellum, hypothalamus and cerebrum is:
- Reticular formation.
  - Wennicker's area.
  - Brocas' area.
  - Pons varolli.
26. Concerning the airways of the human lung:
- The volume of the rest of the lung during resting conditions is about 5 liters.
  - A respiratory bronchiole can be distinguished from a terminal bronchiole because the latter has alveoli in its walls.
  - On the average, there are about three branchings of the conducting airways before the first alveoli appear in their walls.
  - In the alveolar ducts, the predominant mode of gas flow is diffusion rather than convection.
27. The structure involved with sleep- wake cycle and learning- memory is:
- Hypothalamus.
  - Reticular activating system.
  - Thalamus.
  - Midbrain.
28. The bridge connecting the spinal cord and the brain is formed by:
- Midbrain.
  - The Vermis.
  - The Pons.
  - Reticular formation.
29. The PH range of blood is
- 7.35-7.45
  - 2.25-3.45
  - 7.45-8.45
  - 4.5-7.5
30. This about second heart sound is incorrect
- it is occasionally split
  - it is due to the closure of semilunar valves
  - indicates the commencement of diastole
  - it has a longer duration than the first sound
31. The reason for the dicrotic notch on the aortic pressure curve is
- contraction of aorta
  - closure of the aortic valve
  - rapid filling of the left ventricle
  - closure of the pulmonary valve
32. Which of these is true of the endocrine system?
- secretes hormones that are transported to target cells by blood
  - causes changes in metabolic activities
  - effects are prolonged
  - All of above are true.

33. The rise in the carotid sinus pressure leads to
- A. reflex hypercapnia
  - A. reflex hyperpnea
  - B. reflex bradycardia
  - C. reflex tachycardia
34. All of the following are hormones of the anterior pituitary except:
- A. Human growth hormone (GH).
  - B. Follicle-stimulating hormone (FSH).
  - C. Parathyroid hormone(PTH)
  - D. Thyroid-stimulating hormone (TSH).
35. The secretions from which of these glands differs between males and females?
- A. Adrenal.
  - B. Parathyroid.
  - C. Gonadal.
  - D. Pancreas.
36. The absorption of fructose by intestinal mucosa is
- A. co-transport mechanism
  - B. simple diffusion
  - C. facilitated transport
  - D. active transport
37. This artery passes blood to the kidney
- A. common iliac
  - B. cystic
  - C. renal
  - D. coeliac
38. the functional unit of the kidney is;
- A. Hilum
  - B. Neuron
  - C. Nephron
  - D. Medulla
39. On the heart, the impact of adrenaline is all of these except
- A. it increases the uptake of oxygen by the heart
  - B. it increases the contraction force
  - C. it decreases the myocardial irritability
  - D. it increases the heart rate
40. The process of blood cell formation takes place in the in the bone marrow, this process is called
- A. Homeostasis
  - B. Haemopoiesis
  - C. Hematocritic
  - D. Erythropoietin
41. The cell in the alveolus that secretes surfactant is called a
- A. Alveolar Macrophages
  - B. Type I cell
  - C. Type II cell

D. Pluripotent cell

42. Activity in the reflex arc starts in a sensory receptor with a receptor potential whose magnitude is proportionate to:
- The strength of the stimulus.
  - The forces exerted.
  - Number of receptors.
  - Stimulus potential.
43. Autonomic sensory impulses carried to the autonomic reflex centers in the hypothalamus, brain stem or the spinal cord causes:
- Contraction of muscles and joints to take place.
  - Facilitate information to be received and interpreted.
  - Enhance motor impulses to be carried to the effector organ.
  - Autonomic motor impulses to be carried to the effectors through cranial and spinal nerves.
44. Gastric secretions
- Increase in response to chewing of food in the mouth after vagus nerves to the stomach have been cut
  - Are prevented from digesting gastric mucosal by pepsin activator
  - Contain a substance which aids absorption of vitamin B<sub>12</sub>
  - Decrease when a hungry person anticipates a meal
45. Saliva
- Contains a starch -digesting enzyme
  - Can break starch down to monosaccharide
  - Has no important antiseptic action
  - Is not necessary for normal swallowing
46. In the small intestines
- The concentration of digestive enzymes in the lumen is lower in the ileum than in the jejunum
  - Vitamin B<sub>12</sub> is absorbed mainly in the jejunum
  - Water absorption is independent of absorption of sodium and glucose
  - Glucose absorption is dependent of sodium absorption
47. Peristalsis in the lower esophagus is
- Increased in pregnancy
  - Increased by gastric acid
  - A major factor in preventing heartburn
  - Is higher than in the middle esophagus
48. The area that receives impulses from sensory receptors of sensory nerves and interprets them as sensations is:
- Somato-sensory.
  - Pre-frontal area.
  - Primary-sensory cortex.

- d) Motor cortex.
49. Internal respiration;
- Does not involve the external intercostal muscles
  - Includes the utilization of the abdominal muscles
  - Includes the utilization of sternocleidomastoids
  - Includes the utilization of the diaphragm
50. In Pulmonary circulation
- The diastolic pressure is equal to that of the systemic circulation
  - Blood flow is greater at the apex of the lung than the base
  - Pulmonary arterioles are dilated by increased  $PO_2$
  - The amount of blood pumped into pulmonary artery is about 20% that pumped into the aorta.

**SECTION TWO SHORT ANSWER QUESTIONS (SAQ) (ANSWER ALL QUESTIONS)**

- Compare and contrast the systemic and pulmonary circulatory systems. 10 marks.
- Describe the composition and functions of saliva (5 Marks)
- Describe the physiological mechanism of hearing (5 Marks)
- Using a well labelled diagram, describe the ECG waves and intervals. 10 Marks

**SECTION THREE LONG ANSWER QUESTIONS (SAQ) (ANSWER ONLY ONE)**

- Discuss the transport of gases in the body under the following headings (20 marks):
  - Oxygen transport (10 Marks)
  - Carbon dioxide transport (10 Marks)
- Explain the 12 pairs of cranial nerves, indicating whether sensory or motor, and where they emerge from the brain (20 marks)