



Knowledge is Power

KIBABII UNIVERSITY

UNIVERSITY EXAMINATIONS

2021/2022 ACADEMIC YEAR

YEAR 1 SEMISTER 2

SPECIAL/SUPPLEMENTARY EXAMINATION

(PGDE)

FOR THE POST GRADUATE DIPLOMA OF EDUCATION ARTS/SCIENCES

COURSE CODE: PSY 712

COURSE TITLE: INTRODUCTION TO GUIDANCE AND COUNSELING

DATE: 18/11/2022

TIME: 11.00-1.00PM

INSTRUCTIONS TO CANDIDATES

Answer Question one and Any other Two (2) Questions.

TIME: 2 HOURS

This paper consists of 2 printed pages. Please Turn Over

QUESTION ONE

(30 marks)

- a) Explain four advantages of personal culture as a unique signal to the larger world of cultural practices. (8mks)
- b) (i) Define the term assessment (2mks)
(ii) Discuss the divergent sources in the history of Guidance and counseling in respect to the Kenyan situation today. (4mks)
- c) (i) Discuss features of personality according to Sigmund Freud. (6mks)
(ii) Explain the relevance of the five stages involved in counseling. (10mks)

QUESTION TWO

(20 marks)

- (a) Describe five objectives of humanistic therapy (10mks)
- (b) (i) Describe four reasons for correlating the child's problems to their immediate existing environmental factor (4mks).
(ii) Explain three reasons for allowing counselee's use story telling during the counseling session. (6mks)

QUESTION THREE

(20 marks)

- (a) Describe five techniques under the psycho-analytic theory as used in counseling. (10mks)
- (b) Explain any five reasons for ethical codes in counseling (10mks)

QUESTION FOUR

(20 marks)

- (a) Describe the procedure for setting up a counseling programme?. (10mks)
- (b) Explain any five reasons for bringing on board all the stakeholders during the settings up of counseling programmes in a school?. (10mks)

QUESTION FIVE

(20 marks)

- (a) Explain five ways in which defense mechanism is important to a teacher in a learning institution. (10mks)
- (b) (i) Differentiate between the professional counselor and the paraprofessional counselors. (2mks)

(ii) Describe the following types of counseling:-
 - Vocational counseling (2mks)
 - Individual counseling (2mks)
- (c) Explain four national goals of education as stipulated in Kenya in regard to guidance and counseling. (4mks)