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*(Knowledge for Development)*

# **KIBABII UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**2021/2022 ACADEMIC YEAR**

**THIRD YEAR**

**SPECIAL/SUPPLEMENTARY EXAMINATION**

**FOR THE DEGREES OF SOCIAL WORK**

**COURSE CODE: SSW 325**

**COURSE TITLE: ADOLESCENT STUDIES**

**DATE: 18<sup>TH</sup> NOV 2022**

**TIME: 2-4PM**

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## **INSTRUCTIONS TO CANDIDATES**

Answer Question One and any other TWO Questions

TIME: 2 Hours

This Paper Consists of 4 Printed Pages. Please Turn Over.

1. a. Highlight two theories that explain the adolescence stage in life. 10mks

b. Evaluate four stages of adolescent development 20mks

2. The adolescence stage is characterized by many challenges including conflict with parents. Put down a strategy you would employ to bring peace and understanding between adolescents and their parents.

20mks

3. Suicide and other mental issues are real during adolescence. Discuss how you would use Cognitive-Behavioural and Person centred intervention strategies to mitigate them. 20mks

4. Briefly evaluate the following adolescent behavioral interventions.

a. Biological 4mks

b. Behavioural 4mks

c. Cognitive-Behavioural 4mks

d. Person centred 4mks

e. Psychodynamic 4mks

5. Stake holder engagement is a good way of ensuring success of adolescent programming. 20mks