



**KIBABII UNIVERSITY
UNIVERSITY EXAMINATIONS.
2021/2022 ACADEMIC YEAR
THIRD YEAR SECOND SEMESTER**

MAIN EXAMINATIONS

FORTHE DEGREE OF BACHER OF EDUCATION ARTS

COURSE CODE: GAC 321

COURSE TITLE: FAMILY, SEX AND MARITAL COUNSELLING

TIME: 2 HOURS

INSTRUCTIONS: Answer question one and any other two questions

TIME: 6/09/2022

DATE:2:00- 4:00PM

QUESTION ONE**(30 MARKS)**

- a) Define the following terms
 - i) Sex therapy (2 marks)
 - ii) Sexual identity (2 marks)
- b) Explain any FIVE circumstances that may force one to seek pre-marital counselling (10 marks)
- c) Discuss any FOUR sexual dysfunctions that are common among females (8 marks)
- d) Discuss the following key concepts in reference to family system
 - i) Structure (2 marks)
 - ii) Feedback (2 marks)
 - iii) Boundaries (2 marks)
 - iv) Distance. (2 marks)

QUESTION TWO**(20 MARKS)**

- a) Describe any FIVE aspects of sexual intimacy as a circle of sexuality (10 marks)
- b) Explain the following theories of family therapy.
 - i) Psychoanalytic theory (5 marks)
 - ii) Strategic family theory (5 marks).

QUESTION THREE**(20 MARKS)**

- a) Explain THREE types of boundaries in a family (6 mks)
- b) i) Describe any FIVE qualities of a good marriage counsellor (10 marks)
- ii) Define the term boundary and any ONE main aim as used in the family system (4 marks)

QUESTION FOUR**(20 MARKS)**

- a) Discuss the importance of systems theory to a counsellor (10 marks)
- b) Explain FIVE benefits of sex education to adolescents (10 marks)

QUESTION FIVE**(20 Marks)**

- a) i) Define grief therapy (2 marks)
- ii) Describe FOUR strategies of counselling the terminally ill persons (8 marks)
- b) Discuss the process of grief therapy. (10 marks)