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**KIBABII UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**2021/2022 ACADEMIC YEAR  
FIRST YEAR FIRST SEMESTER  
SPECIAL/SUPPLEMENTARY EXAMINATION  
FOR THE DEGREE OF BACHELOR OF EDUCATION**

**COURSE CODE: GAC111. (REGULAR)**

**COURSE TITLE: INTRODUCTION TO GUIDANCE AND COUNSELING.**

**DATE: 15/07/2022**

**TIME: 11:00-1:00PM**

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**INSTRUCTIONS: Answer Question One in and Any other TWO (2) Questions**

**TIME: 2 Hours**

This Paper Consists of 2 Printed Pages. Please Turn Over. ►

### **QUESTION ONE**

- a) Explain the advantages of eclectic Therapy (10mks)
- b) Discuss the objectives of guidance and counselling in schools (10mks)
- c) Describe the therapeutic process in behaviour therapy (10mks)

### **QUESTION TWO**

- a) Identify and Discuss at least five defense mechanisms as Sigmund Freud (10mks)
- b) Highlight and explain the principles of counselling (10mks)

### **QUESTION THREE**

- a) Discuss the goal of the Freudian Theory (10mks)
- b) Describe the following acronym : SOLER (10mks)

### **QUESTION FOUR**

- a) Why should a counsellor observe confidentiality (10mks)
- b) What is the importance of needs assessment while coming up with a guidance and counselling programme (10mks)

### **QUESTION FIVE**

- a) Discuss the importance of active listening in counselling (10mks)
- b) Explain the role of guidance and counselling committee in schools (10mks)