

250



**KIBABII UNIVERSITY
UNIVERSITY EXAMINATIONS
20 21/2022 ACADEMIC YEAR
THIRD YEAR SECOND SEMESTER
MAIN EXAMINATION**

FOR THE DEGREE OF EDUCATION ARTS/SCIENCE

COURSE CODE: GAC 321

**COURSE TITLE: FAMILY, SEX AND MARITAL COUNSELLING
(REGULAR)**

DATE: 6/09/2022

TIME: 2:00- 4:00PM

INSTRUCTIONS TO CANDIDATES

TIME: 2 HRS

Answer Questions ONE and any other two (2) Questions

QUESTION ONE**(30 MARKS)**

- a) Explain the difference between Sororal Polygamy and Polyandry (4mks)
- b) Explain four goals of family therapy (4mks)
- c) Explain how 'enmeshment' and 'poor hierarchical structure' can lead to poor family functioning. (6mks)
- d) Discuss why systemic therapy is appropriate for families? (4mks)
- e) Discuss the concepts of "differentiation" and "triangulation" in Bowenian therapy (6mks)
- f) Explain three differences between individual and systematic therapy? 6mks

QUESTION TWO**(20 MARKS)**

- a) Describe assumptions and principles that are necessary in understanding a typical human family (10mks)
- b) As a counselor explain how you will use "Adlerian theory" to counsel families (10mks)

QUESTION THREE**(20 MARKS)**

- a) Discuss factors that cause people to suffer from sexual dysfunctionality (10mks)
- b) Describe the importance of marriage and relationship counselling (10mks)

QUESTION FOUR**(20 MARKS)**

- a.) Describe three therapeutic approaches of structural family therapy (10mks)
- b) Describe five ways of dealing with conflicts in relationships (10mks)

QUESTION FIVE

- a) Describe three techniques used in Solution Focused Therapy (SFBT) (10mks)
- b) Describe how you will use Solution Focused Therapy (SFT) to help a family that is grieving (10mks)