



**KIBABII UNIVERSITY
UNIVERSITY EXAMINATIONS
2020/2021, ACADEMIC YEAR**

.....FOURTH.....YEAR.....FIRST.....SEMESTER

MAIN EXAMINATION (PART TIME)

FOR THE DEGREE OF BACHELOR OF EDUCATION (ARTS)

COURSE CODE: PSY 410

COURSE TITLE: GUIDANCE AND COUNSELING

DATE: 24/02/2022 TIME: 9:00 – 11:00 AM

INSTRUCTIONS TO CANDIDATES

Answer Question One And Any Other Two (2) Questions.

TIME: 2HOURS

QUESTION ONE.

- a) Define the following terminologies.
- i. Guidance
(1mks)
 - ii. Counseling
(1mks)
 - iii. Group guidance
(1mks)
 - iv. School guidance
(1mks)
 - v. Psychotherapy
(1mks)
- b) Explain five SOLER attending skills . (10mks)
- c) With relevant illustrations, explain five methods used by Ego to cope with anxieties amongst students.
(10mks)
- d) Explain five principles of counseling. (5mks)

QUESTION TWO.

- a) Explain five major sources that led to the growth of the guidance movement according to Traxler (1966)
(10mks)
- b) Using relevant examples, explain five functions of vocational guidance in learning institutions.
(10mks)

QUESTION THREE.

- a) Explain any five functions of teacher counselors in learning institutions.
(10mks)
- b) Using relevant examples, explain five ethical standards a practitioner must put into consideration when working in a learning institution.
(10mks)

QUESTION FOUR.

- a) Using relevant examples, explain any five factors that make guidance and counseling important in learning institution.
(10mks)

QUESTION FOUR

a) Using relevant illustrations discuss five counselling process in behavior therapy. (10mks)

QUESTION FIVE

- a) Discuss five ethical standards a practitioner must put into consideration when working in a learning institution. (10mks)
- b) Give any two situations that will make a referral acceptable in counseling. (2mks)
 - ii) Discuss any four categories that individual counselling can make a contribution to in schools. (8mks)