

QUESTION ONE.**(30 marks)**

- a. Explain five different types of counseling showing their relevance today (10mks)
- b. (i) Discuss reasons for having counseling services in our communities (5mks)
(ii) Describe three defense mechanisms (3mks)
- c. (i) Using relevant examples, describe five counseling techniques used in Kenyan Institutions (10mks)

(ii) How does the skill of active listening help the counselor to learn about the counselee. (2mks)

QUESTION TWO**(20 marks)**

- a. Describe the five steps under the behavioral theory by Kuehnel and Liberman regarding to behavior modification. (10mks)
- b. Explain five values of career counseling to the young generation today. (10mks)

QUESTION THREE**(20 marks)**

- a. Discuss the importance of any five steps involved during a counseling process. (10mks)
- b. Explain five goals of the Freudian Psychoanalytic therapy in relation to vocation counseling. (10mks)

QUESTION FOUR**(20 marks)**

- a. Discuss intervention ways to crisis in your institution. (10mks)
- b. Discuss the importance of non-verbal skills in counseling. (10mks)

QUESTION FIVE**(20 marks)**

- a. In relation to drug abuse in the society, explain five reasons for dwelling on the drug abuser than on the drugs. (10mks)
- b. Explain five challenges of confrontational skills while counseling young people. (10mks)