



KIBABII UNIVERSITY

**2021/2022 ACADEMIC YEAR
SECOND YEAR SEMESTER ONE
SUPPLEMENTARY EXAMINATION**

REGULAR

POST GRADUATE DIPLOMA IN EDUCATION

COURSE CODE: PSY 712

COURSE TITLE: GUIDANCE AND COUNSELLING

DATE: 26/07/2022

TIME: 11:00- 1:00PM

INSTRUCTIONS TO CANDIDATES

Answer Question One and Any other TWO (2) Questions

TIME: 2 Hours

This Paper Consists of 2 Printed Pages Please Turn Over. 

- Q1a) Explain the meaning of the term life skills 2 marks
- Q1b) Discuss six life skills necessary for total career development of learners 18 marks
- Q2a) Explain how a good counsellor can demonstrate possession of the following qualities
- i. Compassion 5marks
 - ii. Non-judgmental 5marks
 - iii. Discretion 5marks
 - iv. Self-awareness 5marks
- Q3a) Explain Community Occupational Survey as a component of vocational guidance 5marks
- Q3b) Discuss five assumptions considered in career counseling 15 marks
- Q4a) Explain how a teacher counsellor can apply the following Counselling Techniques during counselling.
- i. Congruence 3marks
 - ii. Unconditional positive regard 3marks
 - iii. Systematic Desensitization 3marks
 - iv. Counter-conditioning 3marks
- Q4b) Explain four reasons why Non-directive counselling Technique may not be preferred by most counsellors 8marks
- Q5a) Explain the three basic stages of development to be considered during career planning, collection of, and dissemination of information 12Marks
- Q5b) Justify the need for implementation of the following code of ethics related to record-keeping and maintenance
- i. Client access 4Marks
 - ii. Disclosure or transfer 4Marks