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KIBABII UNIVERSITY

2021/2022 ACADEMIC YEAR

SECOND YEAR SEMESTER ONE

MAIN EXAMINATION

PART TIME

POST GRADUATE DIPLOMA IN EDUCATION

COURSE CODE: PSY 712

COURSE TITLE: GUIDANCE AND COUNSELLING

DATE: 10/05/2022

TIME:9-11AM

INSTRUCTIONS TO CANDIDATES

Answer Question One and Any other TWO (2) Questions

TIME: 2 Hours

This Paper Consists of 2 Printed Pages Please Turn Over. 

- Q1a) Define the term Vocational Guidance 2marks
- Q1b) Life skills competencies are necessary for the total development of children and youth. Justify this statement with reference to six life skills. 18 marks
- Q2a) Justify why a career counsellor should emphasize the following areas of guidance among learners
- i) Personal Guidance 5 Marks
 - ii) Educational Guidance 5 Marks
 - iii) Vocational Guidance 5 Marks
- Q3a) Explain placement as a component of vocational guidance 5marks
- Q3b) Describe five principles on which vocational and occupational choice is based 15Marks
- Q4a) Discuss the major function of Counselling theories to a teacher counsellor 5marks
- Q4b) Illustrate how a School Counsellor can make use of the following counselling approaches when offering counselling to learners
- i. Psychodynamic counselling approach 5marks
 - ii. Transpersonal counselling approach 5marks
 - iii. Cognitive-behavioural counselling approach 5marks
- Q5a) Discuss four ethical boundaries that govern professional counselling 12Marks
- Q5b) Explain two preliminary activities carried out during the Pre-planning Stage of a guidance programme 8Marks