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KIBABII UNIVERSITY  
UNIVERSITY EXAMINATIONS  
2019/2020 ACADEMIC YEAR  
YEAR ONE SEMESTER ONE  
SUPPLEMENTARY (REGULAR)

FOR THE DEGREE OF EDUCATION IN EARLY CHILDHOOD

COURSE CODE : ECD 122

COURSE TITLE : FOOD AND NUTRITION FOR CHILD DEVELOPMENT

DATE: 08/02/21

TIME: 8:00-10:00 AM

INSTRUCTIONS TO CANDIDATES

Answer Question One and Any other TWO (2) Questions

TIME: 2 Hours

## QUESTION ONE

- a. Describe four children's physical health needs (6 marks)
- b. Identify and describe six diseases against which children can be immunized (6 marks)
- a. Explain two ways in which food becomes contaminated (4 marks)
- b. Differentiate between metabolism and fortification (6 marks)
- c. Explain eight elements of primary health care (8 marks)

## QUESTION TWO

- a. Discuss the major aims of PHC (10 marks)
- b. Explain five strategies for families and community involvement in PHC. (10marks)

## QUESTION THREE

- a. Health living depends on how we behave and how we use our environment. Explain (12 marks)
- b. Identify and explain four operational principles under which PHC programme was implemented in Kenya (8 marks)

## QUESTION FOUR

- a) Discuss four ways in which mothers' health behavior can affect an unborn child (10 marks)
- b) Explain four importance's of Antenatal services (10 marks)

## QUESTION FIVE

- a) Outline five traditional methods of preserving food (10 marks)
- b) Outline six disadvantages of not spacing children according to population control campaign (10 mark)