



**KIBABII UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**2020/2021 ACADEMIC YEAR**

**THIRD YEAR SEMESTER ONE**

**MAIN EXAMINATION PART TIME**

**FOR THE DEGREE OF BACHELOR OF EDUCATION ARTS/SCIENCE**

**(REGULAR)**

**COURSE CODE : GAC 311**  
**COURSE TITLE : FAMILY, SEX AND MARITA COUNSELLING**

**DATE: 23<sup>rd</sup> JULY 2021**

**TIME : 9-11 A.M**

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**INSTRUCTIONS TO CANDIDATES**

Answer Question One And Any Other TWO (2) questions

TIME : 2 Hours

**QUESTION ONE****(30 MARKS)**

- a) Define the following terms.
- i) Sex education (2 mks)
  - ii) Sex dysfunctionality (2 mks)
  - iii) Sexual identity (2 mks)
- b) Explain FIVE circumstances that may force one to seek pre-marital counselling (10 mks).
- c) Describe any FOUR qualities of functional families (8 mks)
- d) Discuss any THREE characteristics of dysfunctional families. (6 mks)

**QUESTION TWO****(20 MARKS)**

- a) Describe any FIVE qualities in a family that are beneficial to adolescents (15 mks)
- b) Explain psychoanalytic theory in family therapy (5 mks).

**QUESTION THREE****(20 MARKS)**

- a) Describe any FIVE qualities of a good marriage counsellor (10 marks)
- b) Discuss FIVE relevance of systems theory to a counselling (10 marks)

**QUESTION FOUR****(20 MARKS)**

- a) Discuss FIVE benefits of sex education to adolescents (10 marks)
- b) Describe any FIVE aspects of sexual intimacy as a circle of sexuality (10 marks).

**QUESTION FIVE****(20 Marks)**

- a) i) Define grief therapy (2 marks).
- ii) Discuss FOUR strategies of counselling the terminally ill persons (8 mks)
- b) Discuss the process of grief therapy (10 marks)