



KIBABII UNIVERSITY
UNIVERSITY EXAMINATIONS
2019/2020 ACADEMIC YEAR
YEAR ONE SEMESTER ONE
MAIN EXAMINATION (REGULAR)
FOR THE DEGREE OF EDUCATION IN EARLY CHILDHOOD

COURSE CODE : ECD 122

COURSE TITLE : FOOD AND NUTRITION FOR CHILD DEVELOPMENT

DATE: 21/7/2021

TIME: 9.00-11.00am

INSTRUCTIONS TO CANDIDATES

Answer Question One and Any other TWO (2) Questions

TIME: 2 Hours

QUESTION ONE

- a. Describe five traditional methods of preserving food (10 marks)
- b. Discuss five importance of storing food (10 marks)
- c. Evaluate five function of carbohydrates (10 marks)

QUESTION TWO

- a. Describe five signs and symptoms of marasmus (10 marks)
- b. Discuss five strategies of improving food security (10 marks)

QUESTION THREE

- a. Examine five factors affecting food production in Kenya (10 marks)
- b. Discuss the five common methods of food preparation (10 marks)

QUESTION FOUR

- a. Analyze five ways of improving food production (10 marks)
- b. Discuss five ways of promoting food security among families (10 marks)

QUESTION FIVE

- a. Describe five ways of improving food eating habits in pre-school children (10 marks)
- b. Discuss five ways of maintaining hygiene in pre-school (10 marks)