



(Knowledge for Development)

KIBABII UNIVERSITY

UNIVERSITY EXAMINATIONS

**ACADEMIC YEAR 2020/2021 YEARONE.....
SEMESTER TWO**

MAIN: EXAMINATION (REGULARS)

FOR THE DEGREE OF BED (EARLYCHILDHOOD)

COURSE CODE: GAC 412

**COURSE TITLE: PERSON CONSTRUCTS AND LIFE SKILLS IN
COUNSELLING**

DATE: 20³TH JULY 2021

TIME: 2-4 P.M

INSTRUCTIONS TO CANDIDATES

Answer Question One and Any other TWO (2) Questions

TIME: 2 Hours

- 1a) Describe three determinants of personal constructs (6mks)
- b) Describe personal construct theory of counseling (6mks)
- c) Describe how credulous listening and counselor creativity could influence clients in construing of events (8mks)
- d) Describe the role of the therapist in person construct counseling (4mks)
- e) Explain how poor attitude can affect academic performance (3mks)
- f) Explain how poor perception of self could affect self and others (3mks)
- 2a) Describe Kelly's concept of constructive alternativism (12mks)
- c) Describe four causes of psychological illness according to Kelly construct theory (8 mks)
- 3a) Giving examples describe five corollaries of Kelly's fundamental postulates (15mks)
- b) Outline five ways teachers can improve self esteem of learners (5mks)
- 4a) Describe five counseling skills that a personal construct counselor can employ to facilitate psychological healing (15mks)
- b) Outline five Personal Construct client's expectations in counseling (5mks)
- 5a) Describe four strategies of stress management (8mks)
- b) Describe six reasons why youths lack assertiveness (12mks)