



KIBABII UNIVERSITY

UNIVERSITY EXAMINATIONS

2020/2021 ACADEMIC YEAR

.....FOURTH.....YEAR.....FIRST.....SEMESTER

MAIN EXAMINATION (REGULAR) MAIN EXAMS

FOR THE DEGREE OF BACHELOR OF EDUCATION

COURSE CODE: PSY 410

COURSE TITLE: GUIDANCE AND COUNSELING

DATE: 21st JULY 2021

TIME: 9-11 A.M.

INSTRUCTIONS TO CANDIDATES

Answer Question One and Any Other Two (2) Questions

QUESTION ONE.

1. a) Define the term counseling? (2mks)
- ii) Give any five functions of a teacher counselor. (5mks)
- i). b) Highlight any five limitations of group counselling in a school setting. (5mks)
- ii) Identify the five SOLER attending skills. (5mks)
- (i) c) Describe three core conditions in client – centered theory by Carl Rodgers (3mks)
- li d) State five major sources that led to the growth of the guidance movement according to Traxler (1966). (5mks)
- ii) Identify five functions of vocational guidance in schools. (5mks)

QUESTION TWO

- a) Give any five elements found in traditional group guidance set up. (10mks)
- b) Discuss any five techniques of counselling used by psychoanalytic theory. (10mks)

QUESTION THREE

- a) Explain any five factors that make guidance and counselling important in learning institutions. (10mks)
- b) With relevant illustrations discuss five methods used by Ego to cope with anxieties amongst students. (10mks)

QUESTION FOUR

- a) Discuss five irrational ideas that can cause and sustain emotional disturbance in school systems. (10mks)
- b) Using relevant illustrations discuss five counselling process in behavior therapy. (10mks)

QUESTION FIVE

- a) Discuss five ethical standards a practitioner must put into consideration when working in a learning institution. (10mks)
- b) Give any two situations that will make a referral acceptable in counseling. (2mks)
 - ii) Discuss any four categories that individual counselling can make a contribution to in schools. (8mks)