



11

18

**KIBABII UNIVERSITY**  
**UNIVERSITY EXAMINATIONS**  
**2020/2021 ACADEMIC YEAR**  
**FOURTH YEAR SECOND SEMESTER**

**MAIN EXAMINATION**  
**FOR THE DEGREE OF BACHELOR OF EDUCATION (ECD)**  
**COURSE CODE: PSY401 (REGULAR)**

**COURSE TITLE: ADOLESCENT AND ADULT PSYCHOLOGY**

**DATE: 01/10/2021**

**TIME: 9.00-11.00AM**

---

**INSTRUCTIONS TO CANDIDATES**

Answer Question One in and Any other TWO (2) Questions

TIME: 2 Hours

## QUESTION ONE

- a) Explain the following psychological domains;
  - i) Physical development (5mks)
  - ii) Emotional development (5mks)
  - iii) Cognitive development (5mks)
  - iv) Social development (5mks)
- b) Explain five ways you can assist an adolescent resolve his identity crisis (10mks)

## QUESTION TWO

- a) Discuss the role of culture on adolescent development (10mks)
- b) Explain why adolescents use contraceptives (10mks)

## QUESTION THREE

- a) Discuss five effects of stress on adolescents (10mks)
- b) Explain factors that influence abortion among the youth (10mks)

## QUESTION FOUR

- a) Discuss reasons that lead to drug abuse among the adolescents (10mks)
- b) Describe how would you identify a depressed person (10mks)

## QUESTION FIVE

- a) Explain five reasons why old people should prepare for retirement (10mks)
- b) Discuss strategies that one would use to promote his health in old age (10mks)