



KIBABII UNIVERSITY

2020/2021 ACADEMIC YEAR.

THIRD YEAR; SECOND SEMESTER

MAIN EXAMINATIONS (REGULAR)

COURSE CODE: GAC 311

COURSE TITLE: FAMILY, SEX AND MARITAL COUNSELING.

FOR THE DEGREE OF BACHELOR OF EDUCATION (ARTS)

DATE: 05/10/2021

TIME:2.00-4.00PM

INSTRUCTIONS TO CANDIDATES.

Answer Question One And Any Other Two (2) Questions.

QUESTION ONE.

- a) Define the following terms.
- i. Family (2mks)
 - ii. Family systems (2mks)
 - iii. Trans-generational (2mks)
 - iv. Differentiated self (2mks)
- b) Explain any five factors that make marriage more effective. (10mks)
- c) With relevant illustrations, give any five roles of the counselor in the provision of immediate and projected needs of adolescents. (10mks)
- d) Explain any two ways a family can become toxic to its members. (10mks)

QUESTION TWO.

- a) Explain any five factors that predispose people to sexual dysfunctioning. (10mks)
- b) i) Explain three therapy goals of structural family therapy. (6mks)
- ii) Explain two ways in which poor communication can affect the family functioning. (4mks)

QUESTION THREE.

- a) Explain five challenges a family therapist is likely to face in counseling. (10mks)
- b) With relevant illustrations, explain any five approaches that a counselor will use to assist couples come out of marital problems. (10mks)

QUESTION FOUR.

- a) Using relevant illustrations, explain five advantages of premarital therapy. (10mks)
- b) Describe any five characteristics of optimal family functioning, (10mks)

QUESTION FIVE.

- a) Using relevant examples, explain five challenges that couples go through. (10mks)
- b) Explain any five reasons why sex education is important to the youth in learning institution. (10mks)